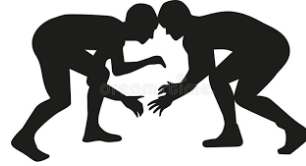
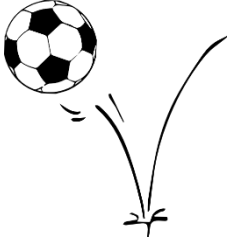


ATTENTION 5th GRADERS PLANNING TO

PLAY SPORTS AT CMS



Thinking about playing a sport at Carroll Middle School? All CMS sports require athletes to have a physical on file to participate. This includes open gyms, summer conditioning and tryouts. Physicals must be uploaded through FinalForms. CMS no longer accepts paper copies of physicals.

<https://northwestallen-in.finalforms.com/>

Please check the athletics tab on the CMS website for more detailed information on each sport as well as how to upload your child's physical.

SPORTS 6th GRADERS CAN PARTICIPATE IN AT CMS

Co-ed Cross Country (fall)- no cut sport

Co-ed Wrestling (winter)-no cut sport

Co-ed Swimming (winter)-tryouts

Co-ed Track and Field (spring)-no cut sport

Boys/Girls Soccer (spring)-tryouts

Additional Information:

- You must have the physical examination page (can be printed from the IHSAA Physical Form tab when you create your FinalForms account) filled out by a physician. You can also print the medical history forms that doctors want to see from FinalForms (can be printed from the IHSAA PPE Physician tab when you create your FinalForms account).
- If you don't have a primary care physician, most walk-in clinics will provide sports physicals for a reasonable price (usually around \$35). Included on the back of this flyer are a few places offering free/inexpensive physicals. Please feel free to take advantage of these options.
- Physicals dated 4/1/23 or later will be good for the entire 2023-2024 school year. They will expire on 6/1/2024.
- Students are required to sign documents such as code of conduct, concussion/ cardiac arrest, etc. A student email will be required to sign those documents. Student's school email addresses can be used. [firstname.lastname@students.nacs.k12.in.us] These accounts are disabled during the summer, but student forms can be completed once the school year starts.

Questions? Call Carroll Middle 260-637-5159 or email Tara Morin (athletic secretary)
tara.morin@nacs.k12.in.us